



# TURKEY'S CITRUS -SCENTED CITIES

Turkey produces the world's juiciest citrus fruits thanks to its mild climate and year-round sun. A long coastline that starts from Izmir in the west and extends to Adana in the south contributes to the taste of these delicacies.

**C**itrus fruits are yellow and orange miracles. In addition to the fruit itself, its peel and flowers also serve a purpose. Citrus may have originated in China, but today's most beautiful oranges, tangerines, grapefruits, and lemons are grown on the temperate coasts of the Mediterranean. Turkey is perhaps the most notable of citrus-producing countries. Its thousands of kilometres of Izmir-Adana coastline produces the most desirable citrus fruits for export around the world.

## **Tangerine-scented Izmir**

Izmir is Turkey's third-largest city. Fa-

mous for its everlasting Aegean breeze, it's also an important coastal port. Tangerine is the principal fruit produced in this historic city of natural beauty. Tangerines grown in Seferihisar are particularly famous for their thin peel, seedless fruit, and delicious flavour. There's even an annual Tangerine Festival to celebrate this fruit. When you head south from Izmir, you come across the city of Muğla, known for the juicy Ortaca lemons commonly used in lemonade. A bit further to the south is Bodrum, where highly fragrant tangerines perfume the air. Cities like Adana, Mersin, and Antalya also produce tangerines, and thus are important for the Turkish econ-

omy. Visitors to these cities are treated to the pleasant scent of blooming citrus trees, especially in the spring. To taste Turkish tangerines, it's best to visit these cities and try them on the spot.

## **Antalya's oranges**

Antalya is a haven for tourism, not only in Turkey but all across the Mediterranean. It boasts an ever-shining sun, blue-flagged beaches, and lush green forests as well as historic sites that date back thousands of years. Every moment spent in this city is a reason to be happy. In Turkey, people dream of retiring and settling down in An-



## TURKEY IS THE PLACE TO BUY CITRUS FRUIT

Turkey produces six kinds of lemons, the sourest of all the citrus fruits. When you say orange, Washington navel comes to mind. It's the oldest known variety of navel orange in the Mediterranean region. The most highly-demanded type of orange, it's sold for fresh consumption and known for being easy to peel. One of the most popular citrus fruits is the tangerine. More than 10 varieties are produced in Turkey. Citrus fruits are rich with vitamin C as well as vitamin B, potassium, calcium, and magnesium. Drinking a glass of orange juice at breakfast is an ideal way to start the day. It provides energy and helps to prevent many diseases. Citrus loves the Turkish soil, and Turkish farmers love citrus fruits. Citrus is one of the most widely-grown agricultural products in Turkey. It has a special place in Turkish cuisine, enjoyed either fresh or in jams, marmalades, sauces, and more. Moreover, Turkey is a major citrus supplier for the rest of the world. U.A.E. consumers simply love their Turkish citrus fruits!

talya, where they would buy a house with a garden to grow fruits and vegetables in the area's rich soil. Its mild weather also makes it a perfect place for citrus. In Antalya's famous Finike citrus garden, every corner is filled with orange groves. Springtime visitors notice the aromatic scent of orange everywhere. Antalya's oranges get their superb taste from the region's specific combination of alluvial soil, air, water, and, of course, Mediterranean sun. Washington navel and Valencia are other types of oranges from Antalya.



### History, food and citrus in Mersin

Located in the very south of Turkey, Mersin is one of the country's key citrus production centres. Mersin stands out for its tourism, historical sites, and of course, delicious food. This city competes worldwide in the export of lemons, which are the most important source of vitamin C to boost the immune system. Mersin produces approximately 18 percent of the world's lemon exports and 75 percent of Turkey's lemon exports.

### Adana, spring paradise

Adana is a taste of paradise in the spring and autumn. Adana is number one in orange and cotton production in Turkey, and its beautiful orange gardens stretch on for miles. Adana also has a significant share of Turkey's tangerine and lemon production. Don't miss the Orange Blossom Carnival in April! Adana is the place to be in the spring for flower-scented fun.



**THE WORLD'S FINEST CITRUS FRUIT GROWS ON  
TURKEY'S SOUTHERN COASTS. TOURISTS FROM  
THE MIDDLE EAST CHOOSE TURKEY FOR HOLIDAY  
SHOPPING AND FOR ITS WORLD-CLASS CITRUS.**



# FLOURLESS CHOCOLATE CITRUS CAKE

This cake will bring a dance of dark chocolate, hazelnuts, and delicious vitamin-filled citrus fruit to your table on New Year's Eve. It will please your eyes and tickle your taste buds.

**W**e prepared a recipe for those who love to bring the New Year's spirit to their kitchen. Here's a rich New Year's Eve dessert filled with delicious, nutritious citrus fruit grown under the Mediterranean sun.

## INGREDIENTS

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- 340g dark chocolate
- 250g butter
- 1 cup granulated sugar
- 1/2 tsp salt
- 6 large eggs (at room temperature)
- 1 tsp vanilla
- 3 grapefruits
- 2 oranges
- 1 cup roasted hazelnuts, chopped
- 100g raspberry

## INSTRUCTIONS

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Pre-heat the oven to 180 C. Cover the bottom of the springform pan with parchment paper and butter the sides.

Cut the chocolate and butter into small pieces and transfer to a deep glass bowl. Place the bowl over a saucepan of boiling water and melt the ingredients.

When fully melted, remove the bowl and add  $\frac{3}{4}$  cup of sugar and the salt. Mix and set aside to cool. Meanwhile, beat the eggs in a deep bowl. Slowly add the remaining  $\frac{1}{4}$  cup of sugar and beat until foamy.

Add the vanilla, orange peel, 1 tablespoon freshly squeezed grapefruit juice, and chopped nuts. Gently fold in melted chocolate mixture. Pour into the prepared springform pan. Firmly seal the pan with aluminum foil and place it on an oven tray filled with water. Bake for 75 to 80 minutes until firm to the touch. Remove from the oven and let it cool on a rack. Decorate with grapefruit or orange slices before serving. Enjoy!



**I**ntense stress of a hectic business life wears us all out. Resting the mind and the body is everybody's dream... Nowadays, as we collapse from the exhaustion of our day-to-day life, protecting our health and caring for the nature become more and more important. Who wouldn't want to spend their holiday being one with the nature, calmly, as well as full of pleasure and health? It is not as hard as you would think to find a place that has all these characteristics. You don't have to go to anywhere other than Turkey's Antalya, which makes an impression with its unique sun, blue sea, and clean air, for a unique rejuvenation experience. With its more than 100 Spa and wellness centres, Turkey is Europe's number 6 in terms of the number of such centres; therefore, she is highly experienced in this matter. The most well-equipped centres in the country are in Antalya.

### Spa & Wellness

It is no more a matter of debate that water therapies, which are today known as Spas and date back to Romans, have hundreds of beneficial effects on the body. This 3000-year-old culture of various massage methods and oils will fill refresh our body and mind, as well as filling our spirit with the breath of life, we will be able to get away from the busy schedule, and rest and strengthen our body. Choose Antalya to come to life with a serene Spa holiday that will make you forget the crowdedness and commotion of the city. Hundreds of Spa centres with superior service quality and meticulous practice are waiting their visitors in this paradise of tourism. From classical massage to Ayurveda, from Turkish baths to sand therapy, from Thai massage to bio-sauna and aromatherapy, you can have all the relaxing experiences you can think of. You will be fascinated with high-tech methods that contrast authentic looking saunas. We guarantee that you will leave these centres that decorate Antalya with their elegantly and traditionally decorated, dim, serene, and hygienic environments, relaxed and calm.

# ANTALYA: A SPA PARADISE

Did you know Antalya, which is known as citrus paradise is a spa centre at the same time? If you're looking for peace and regeneration, Antalya will be waiting for you.



**WWCHOOSE ANTALYA TO COME TO LIFE WITH A SERENE SPA HOLIDAY THAT WILL MAKE YOU FORGET THE CROWDEDNESS AND COMMOTION OF THE CITY. HUNDREDS OF SPA CENTRES WITH SUPERIOR SERVICE QUALITY AND METICULOUS PRACTICE ARE WAITING THEIR VISITORS IN THIS PARADISE OF TOURISM.**